

# DID GOD REALLY SAY THAT?



## WEEK TWO GOD WON'T GIVE YOU MORE THAN YOU CAN HANDLE

Review points to remember what stuck out to you from the message.

Why would God allow you to have more than you can handle?

- Depend on His presence.

Jonah 2:2, 7

Psalms 145:18

*“Never let the presence of a storm cause you to doubt the presence of God.”*

- Experience His power.

2 Corinthians 12:9-10

*“Are you sailing or rowing?”*

*“Until God is all you have – you’ll never realize that He’s all you need.”*

Romans 8:26, 28

Studying through the message during the week helps you turn what God is saying to you into action steps. These study points, questions, and scriptures are designed to help you take the next step.

### Key Questions:

- Let’s brag for a minute. How much can you handle? What is a typical multi-tasking scenario you handle on a regular basis?
- What’s the most terrible spiritual advice you’ve ever gotten?
- What’s consuming most of your energy right now?
- When you’re overwhelmed, you’re most likely to: double your efforts, eat something tasty, ask for help, go somewhere peaceful, or do something fun?
- What habits can you create in order to make God’s presence the first place you go when you’re overwhelmed?
- What specific weakness do you need to embrace to fully experience the power of God?
- How does it make you feel to think about laying something down that you care a lot about?
- How have you experienced the presence of God when you had more than you could handle?
- What do you think God is asking you to let Him carry?

### DAILY BIBLE READINGS

Matthew 11:28-30

Exodus 3:11-12

1 Peter 5:7

Matthew 6:27

Judges 6:15-16

Philippians 4:13