

DID GOD REALLY SAY THAT?



WEEK ONE GOD WANTS YOU HAPPY

Review points to remember what stuck out to you from the message.

Psalm 97:12

The Theology of Happiness
Whatever makes me happy must be right. Whatever makes me unhappy must be wrong.

Discomfort, delay, risk, suffering, inconveniences, and obstacles can't be God's will.

Without knowing it, I begin to worship the false gods of comfort, money, pleasure, and things.

God Doesn't Want You Happy

- When it causes you to do something wrong or unwise.

1 Peter 1:15

- When it is only based on things of this world.

Better possessions + peaceful circumstances + thrilling experiences + the right relationships + the perfect appearance = happiness.

1 John 2:15-17

God Wants You Blessed

Psalm 37:4

Psalm 97:12

Studying through the message during the week helps you turn what God is saying to you into action steps. These study points, questions, and scriptures are designed to help you take the next step.

Key Questions:

- If God really were a cosmic soda machine, which drink would you be?
- What are some things that just plain make you happy?
- What does culture say you need to be happy?
- How much of your day do you spend seeking out things that make you happy?
- If God doesn't just want you happy, then what does He want?
- Read Proverbs 14:2. Think of a time you did something wrong or unwise in pursuit of happiness. Are you currently being tempted to do something wrong or unwise?
- What are some mini-gods in your life—stuff, perfection, having your way, control, feeling good?
- What is the scariest part about replacing the pursuit of happiness with the pursuit of God?
- List out loud some of the things in your life you think you should value higher than happiness?
- Read Psalm 37:1-7. Think about how you delight in the Lord. How have you experienced the blessings of God even when life isn't going the way you want?

DAILY BIBLE READINGS

Psalm 1:1-6

Matthew 5:3-10

Ecclesiastes 7:14

James 1:1-3

John 16:33

Proverbs 16:20